



ANCHORED IN THE COMMUNITY NEWSLETTER

 July 2026

COMMUNITY



Happy Pride AP!

We were thrilled to have a table with our friends from Catsbury Park at this year's Pride Fest!

We met so many awesome people (and pets!) and raised \$200 for

The Trevor Project by

selling our City by the Sea merch.

We will continue to do so all summer!

Swing by the clinic and grab yourself a tee, tote, pin or hat to help raise money for this amazing organization.

The Trevor Project is dedicated to providing crisis support & suicide prevention services to LGBTQ+ and young people. You can learn more about them here: <https://www.thetrevorproject.org/>

Career Day at Frank Antonides Middle School, Long Branch

Inspiring the next generation! Dr. Tom spoke with 7th and 8th grade students about careers in veterinary medicine, sharing insights into animal care, life as a vet and the journey of owning a private practice.





PRESENTS
PET CPR CLASS

HOSTED BY
DR. TOM CALTABILOTA



LEARN HOW TO:

- ✓ Recognize signs of illness, injury, distress
- ✓ Check Vital Signs
- ✓ Stabilize and Provide Pre-Veterinary Care
- ✓ Administer CPR

JULY 20th 2026
5:30 PM - 6:30 PM
1411 Memorial Dr.
Asbury Park
FREE TO ATTEND

RSVP TO : karen@citybytheseavet.com

What's NEW in medicine!

PHOVIA-A NEW SKIN THERAPY!

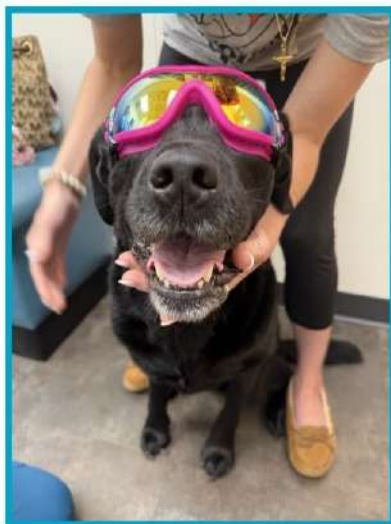
Phovia is a new tool we've brought into our clinic to treat dermatological cases, i.e. skin issues. It uses a Fluorescent Light Therapy system used to accelerate natural skin regeneration and healing.

Phovia can be used on both dogs & cats is non-invasive and painless. Common uses include: Hot Spots, Dermatitis, Surgical incisions, Wounds, Skin infections, Pyoderma & Interdigital cysts (between toes).

Phovia treatments are quick & easy. The affected area is cleaned with sterile saline, then we apply a topical 'chromophore' gel directly to the lesion(s), place protective goggles on the vet staff, pet (and owner if present!) and use Phovia for two minutes on the area.

We do this two times per session and then clean the gel off...and that's it!

The patient returns weekly for treatment until the area is healed.



This is our patient, Brayleigh Rain, who received Phovia treatment for a skin infection on her neck. After just one treatment she was looking and feeling so much better!

Special thanks to her mom for letting us photograph her treatment so we could share it with everyone!

BLOG SPOT!

HEAT SAFETY By Dr. Tom

Summer heat can be dangerous for pets, especially because dogs and cats do not cool themselves the same way people do. Dogs primarily regulate body temperature through panting, while cats rely more on grooming and finding cool places to rest. As temperatures rise, pets can overheat much faster than we realize.

To help keep your pets safe this summer:

- Make sure fresh, cool water is always available
- Walk dogs during the cooler morning or evening hours
- Avoid hot pavement that can burn paw pads
- Provide shade and frequent breaks during outdoor activities
- Never leave pets in parked cars, even for a short time
- Watch for signs of overheating such as excessive panting, drooling, weakness, vomiting, or collapse

Puppies, kittens, senior pets, overweight pets, and short-nosed breeds like Bulldogs, French Bulldogs and Pugs are especially sensitive to heat. If your pet seems overheated, move them to a cool area, offer water, wet them with cool (not ice-cold) water, and contact a veterinarian right away.

With a few simple precautions, you can help your pets stay safe and comfortable all summer long.



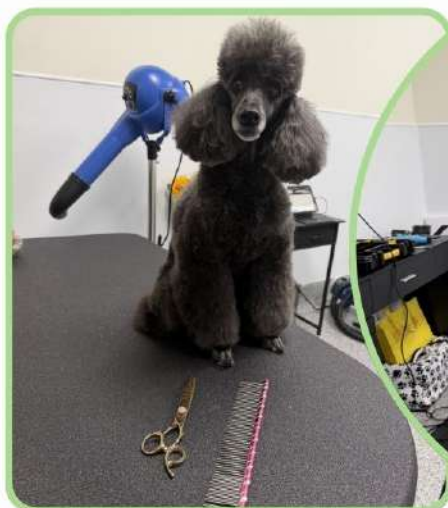
For more information check out
our Heat Stroke blog on our
website, linked below



<https://www.citybytheseavet.com/services/blog/heat-stroke>

ANNOUNCEMENTS

WE NOW OFFER GROOMING!
Mondays & Tuesdays! Call Peter to schedule!



**PROFESSIONAL GROOMING AT YOUR
TRUSTED VET PRACTICE!**

**City by the Sea Vet Urgent Care
Summer Hours**



Monday – Friday

4PM–Midnight

Saturday

9AM–6PM

Sunday

9AM–5PM



OPEN JULY 4TH 9AM-5PM



Employee Spotlight KATIE!

Katie is our Client Services Representative Supervisor and a valued member of our leadership team. We struck gold when Katie joined our practice 3 years ago! With over 15 years of experience in the veterinary field, she brings an incredible wealth of knowledge & expertise to our team. Katie is a dedicated leader, problem solver, mentor and friend to all of us. Most importantly she is lovingly known by our patients as "Auntie Katie, the cookie lady!" No matter how busy her day is she always makes time to make our patients feel special with cookies or whipped cream...or both!

Thank you, Katie for all you do for all of us!



Patient Spotlight OLLIE!

Meet Ollie, one of our sweet senior patients! At 13 years young this adorable terrier mix has been part of our City by the Sea family since 2019-not long after we opened our doors! Ollie is loved by everyone on our team, and his mom has taken wonderful care of him over the years. We especially love when he comes to visit wearing one of his adorable bowties. We love you, Ollie!

CITY 
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URGENT CARE

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