



ANCHORED IN THE COMMUNITY

NEWSLETTER

 September 2026

COMMUNITY



October 18, 2026

We will be walking in the

Making Strides

Breast Cancer Walk

in Point Pleasant Beach

Come walk with us and
help us raise money for breast
cancer research!

SCAN HERE!



**For event details, to
join our team or
to donate!**

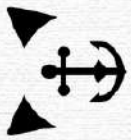


OR

CLICK HERE!

https://secure.acsevents.org/site/STR?pg=entry&fr_id=112447

UPCOMING COMMUNITY EVENTS



SEPT-DEC 2026

9/28

**FREE LECTURE
PARASITES!
WITH DR.KELLY RAMOS**

10/18

**MAKING STRIDES
BREAST CANCER
WALK**

**10/26-
10/31**

**OUR 9TH ANNUAL
VIRTUAL HALLOWEEN
COSTUME CONTEST**

11/19

**FREE LECTURE
TOXINS!
WITH DR.AVERY KASTEN**

11/22

**PICTURES WITH SANTA
FEATURING
THE ASBURY SANTA !**

Have an idea for a lecture or event? Let us know!
Email karen@citybytheseavet.com

What's NEW in medicine!

Longer Acting Insulins!

There are some exciting new developments in the way we manage diabetes in our pets! Newer ultra-long-acting "basal" insulins may offer smoother blood-sugar control and, for some patients, a simpler treatment schedule.

For dogs: Insulin degludec (Tresiba®) is an ultra-long-acting insulin that provides a slow, steady insulin effect throughout the day. Early veterinary research suggests it may offer more consistent glucose control and may be a useful option for some diabetic dogs.



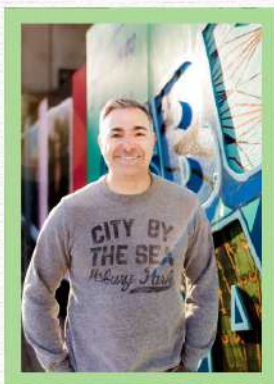
For cats: Glargine U-300 (Toujeo®) is a more concentrated, longer-acting formulation of glargine that is showing promise for feline diabetes. Its prolonged, relatively steady action may help reduce some of the peaks and valleys associated with shorter-acting insulins.

Why is this exciting? Smoother glucose control may make diabetes easier to manage for both pets and their families. These newer insulin options are another example of how advances in medicine are giving veterinarians more tools to tailor diabetes treatment to each individual patient.

Exotic Pet Care Available at City by the Sea Vet! Wednesday – Saturday with Dr. Eppinger



BLOG SPOT!



Should I Feed My Pet a Raw Diet?

by Dr. Tom Caltabilota

Raw food companies have done a very effective job marketing these diets as “more natural” “biologically appropriate,” “ancestral,” and “what wolves eat.” These companies also smear the big pet foods for being overprocessed, using fillers, and lower quality ingredients.

Don't get me wrong, I understand why many pet owners are interested in more natural feeding options. I want my family to eat less processed foods, and the best quality ingredients too. However, it's important to me that manufacturing these diets follow sound food trial experiments and safety standards led by boarded nutritionists – not marketing companies.

Current research on raw pet food diets shows a consistent pattern: the strongest evidence relates to documented risks, particularly bacterial contamination (e.g., Salmonella, Listeria, E. coli), while evidence supporting broad health benefits remains limited and largely anecdotal. Nutritional deficiencies in essential vitamins, minerals and amino acids are also commonly reported. These diets are also many times excessively high in fat (which is why that coat likely looks so shiny). These imbalances create a higher risk for obesity, skeletal abnormalities, hormone imbalances, heart issues and inflammatory diseases like pancreatitis – many of which are life threatening.

Some studies report improvements in stool quality or microbiome changes, but these findings are typically short-term, involve small sample sizes, and do not reliably translate into proven long-term health advantages. Importantly, much of the positive perception surrounding raw feeding is influenced by confounding factors—such as simultaneous diet quality improvements, owner selection bias, and wide variability among raw products—making it difficult to attribute benefits specifically to feeding raw. Currently, the American Veterinary Medical Association (AVMA), the American Animal Hospital Association (AAHA), the Center for Disease Control (CDC), the Food and Drug Administration (FDA), and World Small Animal Veterinary Association (WSAVA) DO NOT recommend feeding these diets to your pets.

Commercial raw diets are available and have SOME improvements compared to homemade diets. These benefits include many being formulated to meet AAFCO standards (Association of American Feed Control Officials), improved pathogen-reduction processes, and a more consistent nutrient profile – all of which are steps in the right direction. However, besides often being very expensive, many of these diets still test culture positive for pathogenic bacteria and have variable quality depending on the manufacturer. Pathogenic risks of raw diets leave pets vulnerable to illnesses themselves, but also create a potential transmission route to pet owners and their families through direct contact and environmental contamination. This risk is even higher in young children, elderly family members, pregnant women and anyone taking immune-suppressing drugs.

To read the full article, visit our website:
<https://www.citybytheseavet.com/blog>

ANNOUNCEMENTS

GROOMING NOW AVAILABLE MONDAY, TUESDAY & THURSDAY!

Dog & Cat grooming
Bath & blow dry
Nail trimming & paw care
Ear cleaning
Custom Temporary
pet-safe Hair Dye



15% off Grooming Services until 9/30/26

Use Code "BESTIE" when scheduling!

To make an appointment, call us and ask for Peter! 848-217-5000

URGENT CARE SUMMER HOURS



P: 848-200-2922

OPEN LABOR DAY!!

9AM-5PM

Monday - Friday

4PM-Midnight

Saturday

9AM-6PM

Sunday

9AM-5PM

Employee Spotlight LAUREN!

Meet our Veterinary Technician, Lauren! Most of you already know her – she's been with us for 6 years! Lauren is giant heart on legs! She is just the sweetest soul. You can see how much she loves animals all day, every day. When Lauren is working you will hear a lot of high pitched talking and see a lot of whipped cream is being served! Her goal is to make every patient we see feel safe and loved and they sure do! This comes so naturally to her. Lauren is also a support system for all of her coworkers. She is always there to listen and uplift them when things get tough. We are very grateful to have her on our team always sharing her kindness. Lauren is currently enrolled in Vet Tech school working toward her degree. When she's not working or studying she's at home with her 2 pups, Ruxin and Umi, her kitty, Winifred and husband. Thanks for all you do, Lauren!

We love you!



Patient Spotlight BIANCA!

This sweet kitty is BIANCA! She's a Catsbury Park resident who just came to them from Lebanon! As you know we are huge fans of their work and some of that cats they introduce us to stay with us in our hearts forever! Bianca is one of them. Despite her past and extensive travel from another country she is such a doll! She was purring away, eating churros from Lauren (of course!) and being so sweet & affectionate during her exam. If you want to find out more about her, visit www.catsburypark.com



CITY 
BY THE SEA VET
URGENT CARE

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